

## L.F.C.C Commitment To Fast Covenant

A 10-Day Corporate Fast October 5<sup>th</sup>-14<sup>th</sup>, 2017. I believe that the fast of 2017 will truly change the lives of those who choose to go down this journey with us. This is not for the faint of heart, but for those who are truly seeking all that God has in store for them. Fasting is a sacrifice and a discipline, both of which are keys to success in any area of life. I am asking you to make some sacrifices for the next 10 days, as we thirst and hungry for righteousness. I leave you with this, if you want something that you have never had, be willing to do something that you have never done. You've done it your way long enough, Try Jesus.

*Love*  
*Pastor Jomo*

Jesus said it in Mark,

*And when He had gone indoors, His disciples asked Him privately, Why could not we drive it out? <sup>29</sup>And He replied to them, This kind cannot be driven out by anything but prayer <sup>30</sup>and fasting.* **Mark 9:28-29**

1. I Commit To A 10 Day Daniel Fast In The Eyes Of God And Man
2. I Commit To Pray Every Day During Fast and I Commit To Try The Prayer Line
3. I Commit To Read The Scriptures Given To Me During The Fast
4. I Commit To Attend All Church Services During The Fast, **if not at work**
5. I Commit To Place God First In Every Area Of Life During Fast
6. I Commit To Sow A Sacrificial Seed At The End Of The Fast
7. I Commit To Limit TV, Negative Influences from TV, Music, and People

By the strength and grace of God I commit to the above fast.

**Signature** \_\_\_\_\_

**My Cause or Reason For Fasting** \_\_\_\_\_

**Witness/Accountability Partner** \_\_\_\_\_

### **I. Preparing for Victory:**

**Day 1 Reflection** – reflect on the purpose of the fast to worship God, to seek His face, preparations to fight through, write down problems which need solving, situations need healing, expectations of new beginnings. **Isaiah 58; Matthew 6:17-18; Matthew 9:14-15; Daniel 1,9,10; Joel 2:1-17; Matthew 17:21; 2 Chronicles 20:1-4; James 4:1-9; Mark 9:14-29, Acts 14:23, Joel 1:14, Acts 13:2-3, Ezra 8:21-23, Luke 2:37-38, Esther 4:16, Nehemiah 1:4-6, Acts 10: 30-31**

**Day 2 Resolution** – purpose in your heart that you will see and hear God's heart during this time of fasting and prayer; set your heart to live a fasted life; time will be spent in God's presence – sometimes talking and most of the time listening to Him – this fast will set the tone for the entire year ahead. **Matthew 22:37; Psalm 27:8;**

**Ephesians 4:13-32; Philippians 4:8; Colossians 3:1-3; John 14:23, 1 John 4:7-16, Psalms 31:23-24, Isaiah 56: 4-7**

**Day 3 Repentance** – (day of weeping) time of godly sorrow for every known, hidden, secret or revealed sin in your life and be willing to turn from them to God. **2 Corinthians 7:8-11; 2 Peter 3:9; 2 Chronicles 7:14; Acts 17:30; Revelations 2:16, 3:3, 3:19; Psalm 51; Acts 3:19, James 4: 1-9, Romans 6:17-18, 1 John 1:9, Luke 15:7, James 4:1-9, Romans 2:1-4, Acts 26:20**

**Day 4 Restore-** Relationships with God and man – let God impress upon your heart anyone you need to forgive and seek forgiveness from. When He speaks, obey! **Matthew 5:44; Matthew 6: 14-15; Matthew 18: 21-35; Mark 11:21-26; Luke 6:20-38; 1 John 1:5 ;1 Kings 8:50, 2 Corinthians 2:10-11, Ephesians 4:32**

**Day 5 Remember** –past victories, present victories, future victories; the faithfulness and kindness of God. **Psalm 20:1-7; Deuteronomy 8:1-18; Psalm 42:1-4; Isaiah 46:9; Numbers 15:39; Psalm 77:11 ; 1 John 5:4; 2 Chronicles 20:17; 1 Corinthians 15:57; 1 Chronicles 29:11; Deuteronomy 15:15**

**Day 6 Revisit** – go back and revisit your time before salvation when the Lord was calling you; revisit the place in your mind of your salvation; revisit the power, the wonder, the overwhelming love, the sense of forgiveness you experienced on that day. **Romans 5:1-10; Rom. 10:9-13; Ephesians 2:1-8; 5:5-8; 1 Timothy 1:9-17; 2 Timothy 1:9; Titus 3:4-5; Numbers 14:19-21; Psalms 66:20; Psalms 86:15-16; 1 Peter 1:3**

**Day 7 Release** – refuse to worry about anything. Focus on what God can and will do. Release and surrender all to God by the power of the Holy Spirit. Remember, worrying is choosing not to believe God. Replace worry with prayer. **Psalm 37:1-11; Matthew 6:25-34; Philippians 4:4-9; 1 Peter 5:6-10; Ephesians 1:13-14; Matthew 6:8; Psalms 116:8**

**Day 8 Restoration** – believe God for healing, renewal and repair in your life and the life of others. God is a Restorer of every area of our lives. God is able! **Matthew 8:1-4; Joel 2:25; Psalm 51; 1 Peter 2:25, Isaiah 43: 1-21; Isaiah 40:31, 2 Corinthians 4:16, Psalms 23:3, Matthew 9:28-30, Matthew 12:13, 2 Kings 8:5-6, Exodus 15:26**

**Day 9 Reward** – God rewards His children for obedience with both temporal and eternal gifts according to His word – **Galatians 6:1-9; Isaiah 58:7-8; Luke 6:22-23; Hebrews 10:35; Revelations 22:12; Mark 9:41; Mark 10:29-30; 2 Corinthians 9:15; James 1:16-17; Psalms 37: 4-5; Luke 12:31**

**Day 10 Blessings and Favor on Our Year - Psalm 5:11-12; Psalm 79:13; 95:7; 100:3; Romans 8:31-39, Deuteronomy 11:8-15; Proverbs 3; Lamentations 3:21-26; Joel 2:23-26, Joshua 1:7-8, Philippians 1:6**