

# Want to start Bible Journaling?

Here is a suggested list of items you might need.  
Items can be purchased from Amazon or any craft store.

## Journal or Notebook

Journaling Bible	There are many different brands - Inspire or Illustrated Faith are good. They usually have wide margins for journaling.
Journal or Notebook	No need to spend a lot of money – Any spiral notebook or journal will do
Happy Planner	Check these out at <a href="http://www.TheHappyplanner.com">www.TheHappyplanner.com</a> Very adaptable – you can mix and match the pages.
Traveler's Notebook	Plain little notebooks that fit into a small binder – each can hold a complete study or even use as a War binder.

## Tools

Scissors	Small, sharp point and large paper scissors
Glue	paper glue stick or similar
Black pens, markers	So many different varieties – some pens are specially made for lettering. Tombow is a good brand
Stencils	Great for adding background patterns
Sponges/brushes	To use to add paint mediums to page

## Crayons/paint

Pencil Crayons	Prismacolor is a good brand – but any brand will do the job
Gelatos	Very adaptable to add color to your page.
Distressed ink pads	Very popular and easy to use to add color with wipes or sponges.

Watercolors	Fun to use – get the small pallets – they come in different matching shades.
Brush pens	Easy to use to add letters, lines and more.

## *Elements*

Printables	Buy online from Etsy – just search for Bible Journaling. Or from specialist websites – Google Bible journaling.
Paper	Keep all interesting paper scraps. Include papers with random words or maps.
Label paper to print your own printables (stickers)	Full sheet label paper is best – Mazo is a good brand,

## *Websites and Facebook Groups for information and classes*

It's a great idea to join a Bible Journaling Facebook group.  
They do many lives on Facebook demonstrating techniques as well as teaching scripture.

### HIS PALETTE – FREEBIES AND LIVES

<https://www.facebook.com/groups/hispalette/>

### EMBRACING GOD'S WORD – FREEBIES AND LIVES

<https://www.facebook.com/groups/2863505170644618>

### ILLUSTRATED FAITH – MONTHLY KITS

<https://www.facebook.com/groups/illustrateYOURfaith>

<https://www.printprayslay.com>

Independent of Etsy

Does videos and has lots of ideas.

Produces own line of Elements and journal kits.



# HOW TO BIBLE JOURNAL in a NOTEBOOK

## HIS PALETTE

CREATIVELY PRAISING HIM AND  
LEARNING HIS WORD



So you love the way Bible journaling looks overall. You would love to try your hand at this type of journaling. However, you either are not comfortable marking in your Bible, you prefer to keep your notes and art in a separate “journal,” or for whatever reason, you do not want to work in a journaling Bible. Or maybe it’s as simple as finances, and you can’t spend money on an extra Bible specifically to journal in.

Can you still Bible journal? YES. YOU. CAN.

## WHAT YOU DON'T NEED: EVERYTHING AND THE KITCHEN SINK

You absolutely do not need a journaling Bible.

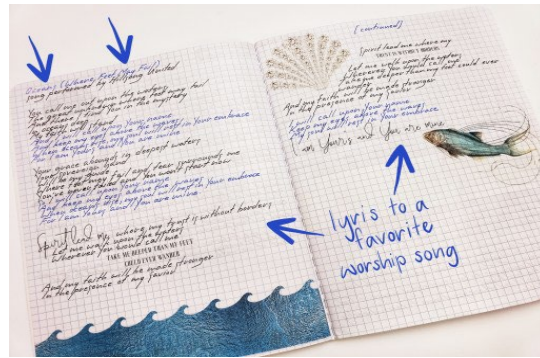


## WHAT TO JOURNAL

The greatest thing about any kind of journaling is it’s completely flexible. There are no hard and fast rules. You are in complete control of what is and isn’t allowed. You decide if you want to use only black ink or stickers. And you decide if you want to write out long detailed notes or simply illustrate Bible verses. It is entirely up to you.

Below you will find a list of journaling ideas. In one of my own notebooks, I use a mix of everything listed here.

- Creative notetaking
- Illustration
- Song lyrics
- Prayers
- Word studies
- Character studies
- Scripture writing
- Letters to God
- Sermon Notes
- Verse mapping
- Or whatever else you choose.



## SETTING UP YOUR NOTEBOOK

The very first thing I do when setting up my notebook is to skip the first page or two. Since my personal notebook contains a mixture of things, I like to add a table of contents at the front when I am finished. This way, after I have filled it, I can include where certain studies and prayers are located.

With the first couple of pages blank, I number each page starting with the very next page after the table of contents. As I add to the notebook, I can list titles and page numbers in the front.

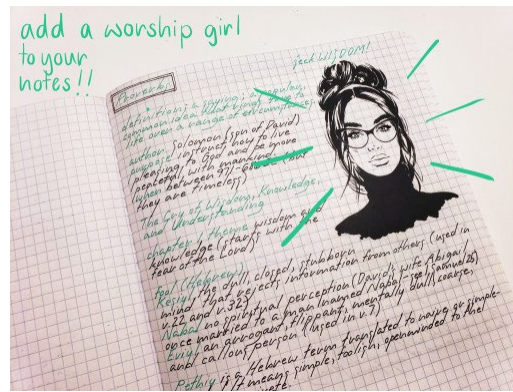
## IDEAS

With each of the items on the list above, there are a myriad of ways to get creative. You can journal in a notebook using all the same methods you would use in a journaling Bible.

One really simple way to spice up your journaling is to add color. You can see in my notebook, I change the color of the titles, headers, and even some important notes or quotes. This alone will brighten your pages.



Stickers? Printables? Die-cuts? Photographs? Pictures from magazines? There is no limit to the visual aspects you can attach to the pages of your notebook. Grab a glue stick or double-sided adhesive and you're good to go.



Are you more daring than stickers and printables? If so, consider markers, colored pencils, watercolors or acrylics. You could even do some heavy mixed-media collaging, though you might need to prep your page with gesso or matte gel medium first (making it a bit sturdier).



Finally, you may want to consider attaching informative articles, charts, or maps directly to your page, using a glue stick or washi tape.

## FINISHING TOUCH...

I know when you run an internet or Pinterest search for Bible journaling, there is an endless sea of beautiful, practically perfect photographs of Bible page masterpieces. As gorgeous as those pages are, you still need to remind yourself that while it is called creative worship, worship is the most important component.

You do not need anything more than a notebook and pen to worship the Lord creatively. I always suggest to anyone new to Bible journaling, not to go out and purchase all the things. It's true, there is a never-ending supply of art and craft supplies out there. But ask any creative who has been Bible journaling for a while, and they will tell you there are only a few art mediums they use over and over again.

I can't tell you how many things "I had to have" when I first started out. The majority of those items I gave away or are sitting in my art studio unused.

You are meant to enjoy God's Word and His worship. Once you realize this, you'll discover that a notebook and a pen is all it takes to get you there.

[Please NOTE: Many of the printables used in the photographs above can be purchased at the [His Palette Print Shop](#).]